# Bore Da (Good Morning)

# Breakfast

**FRESH FRUIT SALAD** 4.50

**PAIN AUX RAISIN** 3.20 *M, G*

**ALL BUTTER CROISSANT** 3.20 *M, G*

**PORRIDGE WITH SEASONAL FRUIT COMPOTE** 6 *M, G*

**TOAST, WELSH BUTTER AND JAM OR MARMALADE** 3.75 *M, G*

**NATURAL YOGHURT, FRESH BERRIES, HOMEMADE GRANOLA** 6 *M, G, N*

**TŶ GLYN FULL BREAKFAST** 11
Sausage, Bacon, Hash Brown, Black Pudding, Mushroom, Roast Tomato, Baked Beans, Edkins Free Range Farm Egg, Sourdough Toast
*M, G, E*

**TŶ GLYN VEGGIE BREAKFAST** 10
Glamorgan Sausage, Hash Brown, Sautee Spinach, Mushroom, Roast Tomato, Baked Beans, Edkins Free Range Farm Egg, Sourdough Toast
*G, M, E*

**EGGS BENEDICT 9.50**
Honey Roast Ham, Toasted Muffin, Poached Edkins Farm Free Range Eggs, Hollandaise, Pea Shoots
*G, M, E*

**EGGS ROYALE 10**
Smoked Salmon, Toasted Muffin, Poached Edkins Farm Free Range Eggs, Hollandaise, Pea Shoots
*G, F, M*

**EGGS FLORENTINE** 9.50
Satuee Spinach, Toasted Muffin, Poached Edkins Farm Free Range Eggs, Hollandaise, Pea Shoots
*G, M*

**SHAKSHUKA** 10
Spiced Tomato & Red Pepper Stew, Feta, Crispy Chickpeas, Edkins Farm Free Range Eggs, Coriander, Toasted Sourdough
*E, G*

**SMOKED SALMON & SCRAMBLED EGGS** 10
On Sourdough Toast, Green Up Farm Herbs
*G, M, E*

**BACON OR SAUSAGE ROLL** 5
Add an Edkins Farm Free Range Egg +1.50
*G, E, M*

Please let a member of staff know if you have any allergies or dietary restrictions
*CE - Celery / CR - Crustaceans / F - Fish / M - Dairy / Mu - Mustard / G - Gluten / E - Eggs / LU - Lupin*
*MO - Molluscs / N - Nuts / SO - Soya / SU - Sulphites / P - Peanuts / S - Sesame*

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