



Bore Da (Good Morning)
Bore Da (Good Morning)

FRESH FRUIT SALAD 4.50

PAIN AUX RAISIN 3.20 M, G

PAIN AU CHOCOLAT 3.20 M, G

ALL BUTTER CROISSANT 3.20 M, G

PORRIDGE WITH SEASONAL FRUIT COMPOTE 6 M, G

TOAST, WELSH BUTTER AND JAM OR MARMALADE 3.75 M, G

NATURAL YOGHURT, FRESH BERRIES, HOMEMADE GRANOLA 6 M, G, N

Tŷ GLYN FULL BREAKFAST 11

Sausage, Bacon, Hash Brown, Black Pudding, Mushroom, Roast Tomato, Baked Beans, Edkins Free Range Farm Egg, Sourdough Toast
M, G, E

Tŷ GLYN VEGGIE BREAKFAST 10

Glamorgan Sausage, Hash Brown, Sautée Spinach, Mushroom, Roast Tomato, Baked Beans, Edkins Free Range Farm Egg, Sourdough Toast
G, M, E

EGGS BENEDICT 9.50

Honey Roast Ham, Toasted Muffin, Poached Edkins Farm Free Range Eggs, Hollandaise
G, M, E

EGGS ROYALE 10

Smoked Salmon, Toasted Muffin, Poached Edkins Farm Free Range Eggs, Hollandaise
G, F, M

EGGS FLORENTINE 9.50

Sauté Spinach, Toasted Muffin, Poached Edkins Farm Free Range Eggs, Hollandaise
G, M

SMOKED SALMON & SCRAMBLED EGGS 10

On Sourdough Toast, Green Up Farm Herbs
G, M, E

BACON OR SAUSAGE ROLL 5

Add an Edkins Farm Free Range Egg +1.50
G, E, M

Please let a member of staff know if you have any allergies or dietary restrictions
CE - Celery | CR - Crustaceans | F - Fish | M - Dairy | Mu - Mustard | G - Gluten | E - Eggs | LU - Lupin
MO - Molluscs | N - Nuts | SO - Soya | SU - Sulphites | P - Peanuts | S - Sesame

info@tyglyn.co.uk
www.tyglyn.co.uk

Breakfast



Hotel Breakfast

Bore Da (Good Morning)

PLEASE FEEL FREE TO CHOOSE ONE ITEM FROM THE CONTINENTAL SECTION
AND ONE ITEM FROM THE COOKED BREAKFAST SECTION

Continental Breakfast

FRESH FRUIT SALAD

PAIN AUX RAISIN *M, G*

ALL BUTTER CROISSANT *M, G*

PAIN AU CHOCOLATE *M, G*

PORRIDGE WITH SEASONAL FRUIT COMPOTE *M, G*

TOAST, WELSH BUTTER AND JAM OR MARMALADE *M, G*

NATURAL YOGHURT, FRESH BERRIES, HOMEMADE GRANOLA *M, G, N*

Cooked Breakfast

Tŷ GLYN FULL BREAKFAST

Sausage, Bacon, Hash Brown, Black Pudding, Mushroom, Roast Tomato,
Baked Beans, Edkins Free Range Farm Egg, Sourdough Toast
M, G, E

Tŷ GLYN VEGGIE BREAKFAST

Glamorgan Sausage, Hash Brown, Sautée Spinach, Mushroom, Roast
Tomato, Baked Beans, Edkins Free Range Farm Egg, Sourdough Toast
G, M, E

EGGS BENEDICT

Honey Roast Ham, Toasted Muffin, Poached Edkins Farm Free Range Eggs,
Hollandaise
G, M, E

EGGS ROYALE

Smoked Salmon, Toasted Muffin, Poached Edkins Farm Free Range Eggs,
Hollandaise
G, F, M

EGGS FLORENTINE

Sauté Spinach, Toasted Muffin, Poached Edkins Farm Free Range Eggs,
Hollandaise
G, M

SMOKED SALMON & SCRAMBLED EGGS

On Sourdough Toast, Green Up Farm Herbs
G, M, E

BACON OR SAUSAGE ROLL

Add an Edkins Farm Free Range Egg
G, E, M

info@tyglyn.co.uk

www.tyglyn.co.uk

Please let a member of staff know if you have any allergies or dietary restrictions

CE - Celery | CR - Crustaceans | F - Fish | M - Dairy | Mu - Mustard | G - Gluten | E - Eggs | LU - Lupin
MO - Molluscs | N - Nuts | SO - Soya | SU - Sulphites | P - Peanuts | S - Sesame